

Recipe 4 Health - Bronze Award – Self Assessment Form

Business name.....
 Business Address.....

 Contact telephone number
 E mail address.....website.....
 Please give an indication as to the type of your establishment.....

Please complete this self assessment form as comprehensively as possible. If you need more space, please include any extra information on additional paper and return it with your self assessment form. The more information you give us, the less likely an officer will need to pay an assessment visit. If any questions are not applicable to your business please state this. Please provide a copy of your menu with your assessment sheet.

If you require any further advice or assistance in completing this form, please go to www.lancashire.gov.uk/recipe4health or contact the Recipe 4 Health team on 01254 267688 or email us - paul.barnard@blackburn.gov.uk

BRONZE AWARD CRITERIA	BUSINESS COMMENT
CLEAN	
Attained a food hygiene rating system score of 3 (EH USE ONLY)	
FAIR	
What steps are taken to ensure that accurate descriptions are given to all products – eg. Diet Cola rather than Diet Coke where applicable, Homemade is made from scratch on the premises, meat products meet the minimum standards	
What steps are taken to ensure that GM ingredients are clearly labelled?	
Are clear prices given for all items, with no hidden charges (service, delivery etc)	
Are stamped glasses and equipment used to serve beer, wine and spirits? Are weights and measures notices displayed re the sale of wine and spirits? (licensed premises only)	
Where do you display business ownership details?	
HEALTHY EATING	
What healthy options are available? These options must be lower in fat, salt and sugar than standard menu options	
Where processed products such as soups, sauces and pies are bought in, the lowest salt and sugar options are chosen	
NB for premises providing food solely for under 5's such as nurseries and childcare settings there is no requirement to use low fat products, it is preferable to use full fat dairy products, however low sugar and low salt options are preferable	

ALLERGEN AND ALCOHOL AWARENESS	
Do you have an age restricted sales policy? e.g refusals records, regular training, signage, cigarette vending machines in sight of staff	
How do you control allergens in your premises? Do you use the SFBB allergen information sheet?	
ENVIRONMENTAL FOCUS	
Have you got a trade waste contract? Please give details of this?	
How do you dispose of your oil and animal by products?	
What do you do to minimise your impact on the environment? Recycling, energy efficiency measures, minimising water waste.	
GENERAL	
Do staff go through an induction process? – please provide brief information on this	

As an authorised person of the above named business I verify that all information supplied above is true and accurate at the time of completing this self assessment form

Print Name.....Signature.....Date.....

After completion please return to: Recipe 4 Health, Public Protection Service, Blackburn with Darwen Borough Council, White Dove Offices, Davyfield Road Depot, Roman Road Industrial Estate, Blackburn, BB1 2LX.